



GET THE MOST OUT OF WORKING WITH YOUNG PEOPLE

Our top tips for getting the most out of working with young people:

- **Change their psychological state every 15 to 20 minutes**
- **Start from a place of understanding**
- **Take emotions out of the equation**
- **Ask for ideas and give them some responsibility**
- **Compliment and encourage**
- **Advise – don't order**
- **Use tact**
- **Show an interest in their world**